

**LIST OF WALKS FOR 2013**

<b>Date and Time</b>	<b>Where</b>	<b>Distance (miles)</b>	<b>Est Time* (hrs)</b>	<b>Walk Notes</b>
Sunday, 20 January 10.30 am	Barley Mow, 7 The Stocks, Cosgrove, Milton Keynes MK19 7JD 01908 562 957	5	3	The first walk of the year walk is a gentle circular walk and features along the canal and riverside at Cosgrove.
Sunday, 17 February 10.30 am	The Swan, Bridge End, Bromham, Beds, MK43 8LS 01234 823284	4.5	2.5	Footpath walk around the village with views over Bedfordshire.
Sunday, 17 March 10.30 am	The Chequers, High Street Yelden, Bedfordshire MK44 1AW 01933 356 383	5	3	Once an airfield, and then a radio signals station, a walk down memory lane with views across the countryside.
Sunday, 21 April 10.30 am	Rose & Crown, Northampton Road, Yardley Hastings, NN7 1EX 01604 696276	5	3	Northamptonshire countryside at its best with views from the small hamlet of Easton Maudit.
Thursday, 2 May 6.30 pm	The Stag's Head, High Street, Earls Barton, NN6 9JG 01604 812 267	3	1.75	Evening walk with views over the Nene Valley and a glass of real ale after the walk.
Sunday, 19 May 10.30 am	The Crown, Green End, Little Staughton Beds MK44 2BU 01234 376260	4	2	An ancient walk with memories of wartime airfields and the bravery of The Pathfinders
Thursday, 6 June 6.30 pm	Kings Head Church Street Wadenhoe PE8 5ST 01832 720024	3	1.75	Attractive village, views over the Nene, through a wood and some history of Pilton. What more could you want?
Sunday, 23 June 8.00 am	Walk the Norfolk Broads. <b>Coach Trip. Pre-booking only</b>	5	3	Start at Aylsham on the Bure Valley Steam Railway in Norfolk, hopping off at Buxton and walking to Wroxham Broads.
Thursday, 4 July 6.30 pm	The Three Cranes, Loddington Road, Great Cransley, NN14 1PI 01536 790287	3	1.5	Countryside walk finishing at a traditional country pub.
Sunday, 21 July 10.30 am	Fox & Hounds, 19 The Green, Exton, Rutland LE15 8AP 01572 812403 Please park around and meet on the Green	5	3	The village of Exton is charming, with stone and thatch cottages circling the green with a lovely walk along the Viking Way. <b>This walk will be in aid of the Warwickshire and Northamptonshire Air Ambulance</b>
Thursday, 1 August 6.30 pm	St James's Church Hall, The Bull Ring Thrapston	3	1.5	Waterside walk around Thrapston followed by AGM and Fish & Chip Supper.
Sunday, 18 August 10.30 am	Bedford Arms, Souldrop, Bedfordshire. MK44 1EY 01234 781384	3.75	2.5	A varied walk from the picturesque village of Souldrop along part of the Three Shires Way. We also venture through the shady West Wood where you should be sure of a big surprise!
Sunday, 15 September 10.30 am	Montagu Arms, Barnwell Nr Oundle PE8 5PH 01832 273726	4.5	2.5	Unspoilt countryside from the village of Barnwell to the "lost village" of Armston.
Sunday, 20 October 10.30 am	Black Horse Inn, Fotheringhay Road, Nassington PE8 6QU 01780 782324	4.5	2.5	Autumn colours in a fragment of ancient Rockingham Forest through a site of special scientific interest.
Sunday, 17 November 10.30 am	The Cross Keys Inn, West Street, King's Cliffe, PE8 6XA 01780 470276	4	2	King's Cliffe to Apethorpe – two quintessential English villages.